

For more information about CAPA programs,
email: capa@childabuseprevention.org

Education



CAPA incorporates the successful **Love & Logic** curriculum into each of our parenting classes. This seven-session course is offered in both English and Spanish.

Helpline is a resource that links individuals to various community-based organizations to help meet their needs.

Mandated Reporter Training is available to early childhood educators and other mandated reporters who want to learn how to effectively recognize the signs of child abuse & neglect.

Safe Kids and Teens educates children and adolescents about sexual assault and abuse prevention. Presentations include: how to build healthy relationships, prevent bullying and how to learn anger management techniques.

Community Education Outreach offers a variety of educational topics to strengthen families and provide information on ways to recognize and prevent child abuse and neglect. You may arrange for a CAPA representative to provide a presentation for your group or organization.

La Voz de la Madre is designed to provide support to Spanish-speaking mothers and their children. This group meets twice a month on Saturdays from 2 to 3 p.m.

www.childabuseprevention.org/programs



CAPA Services Include:

Counseling, crime victims services, women's support groups, children play therapy, teen art therapy, in-home visits for new mothers, needs assessments, emotional support and coping skills to handle the stress of parenting and information regarding child development and safety.

Counseling & Education

816.252.8388 (ext. 0)

Family Support Services

Margot Smith (ext. 332)

Women's Empowerment

Katrina Stoddard (ext. 384)

La Voz de la Madre

Carmy Cessor (ext. 311)

CAPA's mission is to prevent and treat all forms of child abuse by creating changes in individuals, families and society that strengthen relationships and promote healing.



Preventing and treating all forms of child abuse.

capa

www.childabuseprevention.org

Child Abuse Prevention
Association
Programs & Services

Family Support



Education



Counseling

capa

childabusepreventionassociation

"healing hearts and homes"

816.252.8388

503 East 23rd Street — Independence, MO 64055

Counseling

Child Abuse and Crime Victims Services



Professional psychotherapy services for victims of abuse, as well as persons seeking to prevent abuse or improve family life.

Services include:

Individual & Family Counseling for children, up to age eighteen, who have been abused or witnessed domestic violence. Group and family counseling services are also available.

Crisis Assistance serves those who are in immediate need of counseling. Please call CAPA for assistance.

Women's Empowerment helps adult survivors enrich their lives and envision their dreams.

Journey is an 8-week art therapy group for teen girl survivors of abuse that uses art to help the healing process.

Sunshine Kids is a 6-week play therapy group focusing on healing children who have experienced trauma.

Individual support groups will be offered as needed.

Child Abuse Hotline Numbers

To report suspected abuse, call
Missouri: 1.800.392.3738
Kansas: 1.800.922.5330



Family Support

Family support services are designed to help empower families, increase parental empathy, promote bonding between parent and child and improve healthy family relationships.

PACT



Parents And Children Together

Designed to strengthen family relationships and parenting skills. Services include parent, teen and child groups with activities intended to promote positive communication and problem-solving skills.

PACT meets on Thursday evenings at CAPA from 6:00 to 8:00 p.m. *Exceptions apply when CAPA is closed in observance of a holiday, or in the case of severe or inclement weather.*

HFNA



Healthy Family Needs Assessment

A short-term (30 to 90 days) in-home crisis intervention for families considered to be in high need of assistance.

Healthy Family Connections

HFC



Long-term, in-home services to help educate and empower families, increase prenatal empathy and promote bonding within the parent-child relationship. Visits can begin as soon as a woman's pregnancy is established. **HFC services include:** infant and child development, case management and resource acquisition.



WHB

Welcome Home Baby

A short-term home meeting for new parents consisting of 1 to 3 visits. *Topics include:* Shaken Baby Syndrome, Sudden Infant Death Syndrome, Recommended Immunization and other information regarding newborns.



United Way



CAPA has been a United Way agency since 1978.